



Friday 2<sup>nd</sup> October

<u>Club</u>	<u>Location</u>	<u>Time</u>	<u>Contact</u>
Polo	Druids Lodge Polo Club, Salisbury SP4 6SS	3pm	Deep Shergill - ds8g18@soton.ac.uk

Saturday 3<sup>rd</sup> October

<u>Club</u>	<u>Location</u>	<u>Time</u>	<u>Contact</u>
Basketball	Jubilee Sports Hall (both sides)	9am- 11.45am	Jack Searson - js14g19@soton.ac.uk
Netball	Wide Lane Netball Courts	12-2pm	Sophie Bunkham - ssb2g18@soton.ac.uk
Men's Cricket Club	Jubilee Sports Hall ( Side 2 )	2.30pm - 4.30pm	Matt Smith - ms7g18@soton.ac.uk
Tchoukball	Jubilee Sports Hall (side 1)	5pm - 6pm	Elizabeth Austin - eha1g17@soton.ac.uk
Trampolineing	Jubilee Sports Hall (1/2 the hall)	4.45pm - 6.45pm	George Armstrong - Ph2u16@soton.ac.uk
RecBad	Jubilee Sports Hall (8 courts)	7pm - 9.45pm	Lewis Mott - lpm1g18@soton.ac.uk
Lifesaving Club	Swimming Pool	1-2.45pm	Madeline Anderson - ma8g17@soton.ac.uk
Sub Aqua	Swimming Pool	3pm - 4.45pm	Phoebe - Ph2u16@soton.ac.uk
Squash	Building 42 Squash Courts	10am-12pm Taster, 12.30pm - 2.30pm Trials	Sophie Sawyer - ss2g18@soton.ac.uk
Men's Lacrosse	Rubbercrumb	1pm - 2.45pm	Rory Heydon - rjh2g17@soton.ac.uk
Mixed Lacrosse	Rubbercrumb	3pm - 4.15pm	Edward Barnes - elb3g18@soton.ac.uk
Ladies Lacrosse	Rubbercrumb	4.30pm - 6pm	Olivia Towner - ot1n17@soton.ac.uk
Baseball/Softball	Baseball Diamond	11am - 4pm	Daniel Gonsalves - dag2g17
Men's Rugby	Wide Lane Rugby Pitches	12pm - 1.45pm	Callum Paxton - cp4n19@soton.ac.uk
Ladies Rugby	Wide Lane Rugby Pitches	2pm - 3.45pm	Chloe Tomlinson - chloe_21c@hotmail.co.uk
Mens Football	Wide Lane Grass Pitches	10am - 12pm	Will Fenley - wff1g18@soton.ac.uk
Ladies Football	Wide Lane Grass Pitches	2pm-4pm	Erin Cotton - ec1u18@soton.ac.uk
Ultimate Frisbee	Wide Lane Grids	2-4pm	Freya Elliott - fge1g17@soton.ac.uk
Tennis	Wide Lane Tennis Courts	9am - 5pm	Phoebe - ph2u16@soton.ac.uk
Table Tennis	The Cube	10am - 1pm	Kai Major - km5g19@soton.ac.uk
Kickboxing	The Cube	1.30pm - 3.30pm	Caitlan Denham - cbd1g18@soton.ac.uk
Taekwondo	The Cube	4pm - 5pm	Isra Ilyas - ii1n15@soton.ac.uk
Hung Leng Kuen Kung Fu	Activities Room	11am - 1pm	Leo Turoff - lat1g17@soton.ac.uk
Zumba	Activities Room	1.30pm - 3pm	Nia Williams - ncw1n18@soton.ac.uk
Yoga	Activities Room	3.30pm - 6.30pm	Iva Ivanov - ii2u14@soton.ac.uk
Athletics	Southampton Athletics Track	4-5pm	Mario Pulze - mp6g17@soton.ac.uk
Wessex Sailing Club	Southampton Sailing Club	10am - 3pm	Cecilla Wollmann - cw5u16@soton.ac.uk
Windsurfing	Southampton Sailing Club	11-4pm	Matvei Mehhovits - mm6g17@soton.ac.uk
Canoe	WaterSports Centre	9am - 5pm	Anna Glanville - akg1g18@soton.ac.uk
Boat Club	WaterSports Centre	11am - 4pm	Alex Dalgiesh - asd1g17@soton.ac.uk
Surf	Bournemouth	10.30am - 6pm	Aran McConnell - ajm2g17@soton.ac.uk



# Sunday 4<sup>th</sup> October

<u>Club</u>	<u>Location</u>	<u>Time</u>	<u>Contact</u>
Basketball	Jubilee Sports Hall (side 1)	9am- 11.45am	Jack Searson - <a href="mailto:js14g19@soton.ac.uk">js14g19@soton.ac.uk</a>
Ladies Cricket Club	Jubilee Sports Hall (side 2)	9am - 11.45am	Melissa Story - <a href="mailto:mgs1g18@soton.ac.uk">mgs1g18@soton.ac.uk</a>
Netball	Wide Lane Netball Courts	12pm -2.45pm	Sophie Bunkham - <a href="mailto:ssb2g18@soton.ac.uk">ssb2g18@soton.ac.uk</a>
Cheerleading	Jubilee Sports Hall (side 2)	12pm - 2.45pm	Sophie Harvey - <a href="mailto:sh1n17@soton.ac.uk">sh1n17@soton.ac.uk</a>
Volleyball	Jubilee Sports Hall (side 1)	3pm - 4.45pm	Pawel Kulski - <a href="mailto:pk1u18@soton.ac.uk">pk1u18@soton.ac.uk</a>
Badminton - Colours	Jubilee Sports Hall - 4 Courts (side 2)	3pm - 6.45pm	Keya Patani - <a href="mailto:kp6g18@soton.ac.uk">kp6g18@soton.ac.uk</a>
Badminton - Colours	Jubilee Sports Hall - 4 Courts (side 1)	5pm - 6.45pm	Keya Patani - <a href="mailto:kp6g18@soton.ac.uk">kp6g18@soton.ac.uk</a>
RecBad	Jubilee Sports Hall (8 courts)	7pm - 9.30pm	Lewis Mott - <a href="mailto:lpm1g18@soton.ac.uk">lpm1g18@soton.ac.uk</a>
Swimming	Pool	12pm - 3pm	Ryan Lamprell - <a href="mailto:rl6g17@soton.ac.uk">rl6g17@soton.ac.uk</a>
Canoe Polo	Pool	6pm - 8pm	Rowan Kettle - <a href="mailto:rgk1g19@soton.ac.uk">rgk1g19@soton.ac.uk</a>
Water Polo	Pool	8pm -10pm	Samuel Pina - <a href="mailto:sp1n18@soton.ac.uk">sp1n18@soton.ac.uk</a>
Squash	Building 42 Squash Courts	10am-12pm Taster, 12.30pm - 2.30pm Trials	Sophie Sawyer - <a href="mailto:ss2g18@soton.ac.uk">ss2g18@soton.ac.uk</a>
Ladies Hockey	Astro Turf	10am - 1pm	India Goodman - <a href="mailto:ig2g18@soton.ac.uk">ig2g18@soton.ac.uk</a>
Mens Hockey	Astro Turf	1.30pm - 4.30pm	Joe Ellis - <a href="mailto:jce1g18@soton.ac.uk">jce1g18@soton.ac.uk</a>
Mens Football	Wide Lane Grass Pitches	10-12am	Will Fenley - <a href="mailto:wtf1g18@soton.ac.uk">wtf1g18@soton.ac.uk</a>
Tennis Club	Wide Lane Tennis Courts	9am - 5pm	Phoebe - <a href="mailto:ph2u16@soton.ac.uk">ph2u16@soton.ac.uk</a>
Ultimate Frisbee	Wide Lane Grids	2-4pm	Freya Elliott - <a href="mailto:fge1g17@soton.ac.uk">fge1g17@soton.ac.uk</a>
Touch Rugby	Wide Lane Rugby Grids	2pm - 4pm	Jack Shaw - <a href="mailto:jws1g17@soton.ac.uk">jws1g17@soton.ac.uk</a>
American Football	Rubbercrumb	9am - 5pm	Thomas Grantham - <a href="mailto:trg1u16@soton.ac.uk">trg1u16@soton.ac.uk</a>
Ladies Lacrosse	RubberCrumb	5.15pm - 6pm	Olivia Towner - <a href="mailto:ot1n17@soton.ac.uk">ot1n17@soton.ac.uk</a>
Table Tennis	The Cube	10am - 1pm	Kai Major - <a href="mailto:km5g19@soton.ac.uk">km5g19@soton.ac.uk</a>
Taekwondo	The Cube	1.30pm - 2.30pm	Isra Ilyas - <a href="mailto:ii1n15@soton.ac.uk">ii1n15@soton.ac.uk</a>
Wing Chun	The Cube	3.30pm - 4.30pm	<a href="mailto:wingchun@soton.ac.uk">wingchun@soton.ac.uk</a>
Shorinji Kenpo	Activities Room	11am - 12noon	Phillippa Wakefield - <a href="mailto:pw3g17@soton.ac.uk">pw3g17@soton.ac.uk</a>
Karate Do Shotokai	Activities Room	2pm - 3pm	Yasmin Islam - <a href="mailto:yi1g16@soton.ac.uk">yi1g16@soton.ac.uk</a>
Kickboxing	Activities Room	4pm - 6pm	Caitlan Denham - <a href="mailto:cbd1g18@soton.ac.uk">cbd1g18@soton.ac.uk</a>
Bridge Club	Plant Pot	2pm - 6pm	Gabija Poskaite - <a href="mailto:gp1g17@soton.ac.uk">gp1g17@soton.ac.uk</a>
Quidditch	Southampton Common		Jesse Rolfe - <a href="mailto:jr2g17@soton.ac.uk">jr2g17@soton.ac.uk</a>
Athletics	Southampton Athletics Track	4-5pm	Mario Pulze - <a href="mailto:mp6g17@soton.ac.uk">mp6g17@soton.ac.uk</a>
Windsurfing	Southampton Sailing Club	11-4pm	Matvei Mehhovits - <a href="mailto:mm6g17@soton.ac.uk">mm6g17@soton.ac.uk</a>
Canoe	WaterSports Centre	9am - 5pm	Anna Glanville - <a href="mailto:akg1g18@soton.ac.uk">akg1g18@soton.ac.uk</a>
Boat Club	WaterSports Centre	11am - 4pm	Alex Dalgiesh - <a href="mailto:asd1g17@soton.ac.uk">asd1g17@soton.ac.uk</a>
Surf	Bournemouth	10.30am - 6pm	Aran McConnell - <a href="mailto:ajm2g17@soton.ac.uk">ajm2g17@soton.ac.uk</a>